



# Excelsior Classical Academy Athletics Manual

Executive Director- Cynthia Gadol [cynthia.gadol@excelsiorca.org](mailto:cynthia.gadol@excelsiorca.org)  
Director of Operations- Kim Carpenter [kim.carpenter@excelsiorca.org](mailto:kim.carpenter@excelsiorca.org)  
Director of Athletics- Jarred Franklin [jarred.franklin@excelsiorca.org](mailto:jarred.franklin@excelsiorca.org)

## Excelsior Classical Academy Athletics Staff Directory

The Director of Athletics oversees all aspects of the athletic program. The Director of Athletics reports directly to the Chief School Officer, and works with the Director of Operations, and Guidance staff when appropriate (e.g. determining student-athlete eligibility).

### ECA Administration

<b>Cynthia Gadol</b>	<b>Executive Officer</b>	<b>cynthia.gadol@excelsiorca.org</b>
<b>Kim Carpenter</b>	<b>Director of Operations</b>	<b>kim.carpenter@excelsiorca.org</b>
<b>Larry Campbell</b>	<b>Director of Facilities and Security</b>	<b>larry.campbell@excelsiorca.org</b>
<b>Fred Pierce</b>	<b>Upper School Dean</b>	<b>fred.pierce@excelsiorca.org</b>

### ECA Athletic Administration

<b>Jarred Franklin</b>	<b>Athletic Director</b>	<b>jarred.franklin@excelsiorca.org</b>
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### ECA Coaching Staff

<b>Jill Sheets</b>	<b>Middle School Volleyball</b>	
<b>David Coates</b>	<b>Middle School Volleyball</b>	
<b>Karin Winstead</b>	<b>High School Volleyball</b>	
<b>Tracy Lorensen</b>	<b>High School Volleyball</b>	
<b>Megan Shaw</b>	<b>Middle School Boys Soccer</b>	
<b>Logan Ramirez</b>	<b>High School Boys Soccer</b>	
<b>Bobby Long</b>	<b>Middle &amp; High School Boys &amp; Girls Cross Country</b>	
<b>David Coates</b>	<b>Middle School Girls Basketball</b>	
<b>Bobby Long</b>	<b>Middle School Boys Basketball</b>	
<b>TBD</b>	<b>High School Girls Basketball</b>	
<b>Scott Clayton</b>	<b>High School Boys Basketball</b>	
<b>Eleanor Young</b>	<b>High School Girls &amp; Boys Swimming</b>	

<b>TBD</b>	<b>Middle School Girls Soccer</b>	
<b>Sean Carroll</b>	<b>High School Girls Soccer</b>	
<b>Jason Harris</b>	<b>High School Boys Golf</b>	
<b>TBD</b>	<b>Middle School Boys Tennis</b>	
<b>TBD</b>	<b>High School Boys Tennis</b>	
<b>David Coates</b>	<b>Middle School Boys Baseball</b>	
<b>TBD</b>	<b>High School Boys Baseball</b>	
<b>Bobby Long</b>	<b>Middle School Softball</b>	
<b>TBD</b>	<b>High School Softball</b>	
<b>Lisa Carden</b>	<b>Middle School Cheer</b>	
<b>Michelle McAlexander</b>	<b>High School Cheer</b>	

## **Introduction**

The purpose of this manual is to communicate all aspects of the Excelsior Classical Academy (ECA) athletic program to coaches, athletes, parents, and all other stakeholders. The information contained in the manual is beneficial to understanding the philosophy and overall scope of the ECA athletic program.

The athletic program at ECA provides a variety of individual and team sport opportunities for all students. The aim of the athletic program is to provide a competitive, appropriate schedule of interscholastic contests seeking to build positive rivalries, foster friendships, improve athletic skills, build self-confidence, and teach valuable skills such as discipline, leadership, and teamwork.

We hope that the ECA student body will take advantage of the athletic programs offered by the school, and that the experience is challenging and rewarding.

We encourage parental and family interaction in the athletic program, which results in increased school spirit and beneficial whole-family experiences.

## **Mission, Values, and Goals**

### **Mission Statement**

The mission of the Excelsior Classical Academy Athletic Department is to not only field competitive teams, but to teach student-athletes important values such as sportsmanship, hard work, and perseverance that will help them in high school and beyond, while representing and promoting Excelsior Classical Academy in a positive manner in all that we do.

### **Values**

The ECA Athletic Department will be guided by two absolute values: (1) Always tell the truth, and (2) Treat others as we would wish to be treated.

### **Goals**

The ECA Athletic Department will always strive to achieve the following goals:

- Compete with pride, always winning with class and losing with dignity and grace;
- Responsibly manage our resources, both material and financial;
- Comply with all ECA and North Carolina High School Athletic Association rules; and
- Work hard to improve, with the ultimate goal of being the preeminent high school athletic department in North Carolina.

### **Memberships**

Excelsior Classical Academy is a member of the 1A classification of the North Carolina High School Athletic Association (NCHSAA).

ECA is also a member of the Triangle North Athletic Conference (TNAC), which consists of seven (7) high school athletic programs from the Triangle region. Fellow conference members are: Oxford Prep (Oxford), Henderson Collegiate (Henderson), Vance Charter (Henderson), Eno River Academy (Hillsborough), Voyager Academy (Durham), Roxboro Community School (Roxboro) and Excelsior Classical Academy (Durham).

ECA accepts and abides by all policies set forth by the NCHSAA and the Triangle North Athletic Conference.

## **SPORTS PROGRAM OFFERINGS**

### **Fall Season**

Middle School Boys Soccer (6th-8th Grades)

Varsity Boys Soccer (9th-12th Grades)

Middle School Girls Volleyball (6th-8th Grades)

Varsity Girls Volleyball (9th-12th Grades)

Boys & Girls Cross Country (6th-8th Grades)

Boys & Girls Cross Country (9th-12th Grades)

### **Winter Season**

Middle School Girls Basketball (6th-8th Grades)

Varsity Girls Basketball (9th-12th Grades)

Middle School Boys Basketball (6th-8th Grades)

Varsity Boys Basketball (9th-12th Grades)

Middle School Cheerleading (6th-8th Grades)

Varsity Cheerleading (9th-12th Grades)

Co-ed Swim (6th-8th Grades)

Varsity Co-ed Swim (9th-12th Grades)

### **Spring Season**

Middle School Boys Baseball (6th-8th Grades)

Varsity Boys Baseball (9th-12th Grades)

Varsity Boys Golf (9th-12th Grades)

Middle School Girls Soccer (6th-8th)

Girls Varsity Soccer (9th-12th)

Middle School Girls Softball (6th-8th Grades)

Varsity Girls Softball (9th-12th Grades)

Middle School Boys Tennis (6th-8th Grade)

Varsity Boys Tennis (9th-12th Grade)

ECA has sports that have games, matches, and meets. We refer to any of those as athletic events in this manual.

- Membership on any team does not guarantee to play time of any amount. Participation in any athletic event is left strictly up to the coach.
- All students are required to play on a team that matches their grade level.

### **REQUIREMENTS TO PARTICIPATE**

Excelsior Classical Academy fields both middle and high school programs in most sports it offers. While the teaching of values such as sportsmanship, perseverance, and commitment is a critically important aspect of our athletic programs, all teams are expected to field the most competitive teams possible with the objective of winning games and contests. With that in mind, the following policies and principles are established.

#### **Tryouts and Cuts**

Depending on the number of student-athletes trying out for a sport, a coach may elect to make cuts to the roster prior to the start of a sport's season. Rosters will be chosen based on student-athlete skills, ability, commitment level, and team dynamic. The decision of whether to keep or cut a player rests solely with the head coach, and his/her decision is final.

Student-athletes who do not attend the regularly-scheduled tryouts for any reason other than an injury may request a special individual tryout from the head coach, but the head coach is under no obligation to grant such a request.

Tryouts are closed to the public, and may not be attended or viewed by parents or spectators unless approved by the head coach.

#### **Injured Athlete Tryout Policy**

Injured athletes unable to try out for a team with limited roster spaces must notify the head coach of the sport for which he/she wishes to try out that he/she would intend to try out if not for the injury; this notification must occur before the first day of tryouts. The head coach and the Director of Athletics will determine the status of the injured player.

### **Participation in Games**

Being on the roster and dressing out for a contest does not guarantee that a student-athlete will participate in every contest. Playing time should be based on the judgment of the coach with a focus on skills, ability, teamwork, character, and any other criteria deemed appropriate by the coach.

Student-athletes, parents, and guardians are prohibited from speaking to the coaching staff regarding playing time for 24 hours following the conclusion of a contest, and coaches will not discuss any situation or decision that does not directly pertain to the child of the parents and/or guardians.

Coaches are allowed to develop participation policies more inclusive than the one outlined above.

### **Quitting Policy**

If a student voluntarily removes himself/herself from a ECA fall or winter sports team for any reason after having made the team and added to the official roster submitted to the conference, he/she shall be ineligible for participation on any ECA athletic team for the remainder of that school year. If a student voluntarily removes himself/herself from a ECA spring sports team for any reason, he/she shall be ineligible for participation on any ECA athletic team the following fall.

Exceptions may be granted by the athletic director and/or head coach in the event of a season-ending injury or a family emergency or hardship.

A student-athlete will not be thought of as having “quit” if he/she is declared academically ineligible or dismissed from a team by the head coach.

### **Recruiting Statement**

Excelsior Classical Academy expressly prohibits coaches, administrators, or stakeholders from recruiting students for the purposes of athletics. All students will be subject to the same admissions criteria regardless of athletic abilities, and should choose attend ECA for its academic programs and offerings rather than a particular athletic program.

## **Duties of the Director of Athletics**

The Director of Athletics at Excelsior Classical Academy is responsible for the overall functioning of the athletic program. The Director of Athletics's duties include:

1. Prepare the schedule of contests for all sports. After the conference schedule is completed, non-conference games will be scheduled to fill in the remainder of the season.
2. Book and arrange for payment of officials for all home athletic events, with the assistance of the regional supervisors of officials and school treasurer.
3. Reserve facilities for all practices and home contests.
4. Oversee that all forms required for athletic eligibility and coach compliance are turned in and current, and arrange for the record-keeping and maintenance for said documents.
5. Supervise athletic eligibility and maintain a list of students who have failed to maintain eligibility, turn in the required paperwork, or pay athletic fees.
6. Complete the NCHSAA master eligibility forms for each sport.
7. Inform students, parents, and coaches of the loss or gain of athletic eligibility.
8. Direct or assist in directing any tournaments or multi-team events hosted by ECA.
9. Supervise, or designate supervision for, all athletic events hosted by ECA.
10. Arrange staffing and security for all ECA athletic events, as needed.
11. Hire non-faculty coaches for sports and recommend coaching changes, in consultation with the Executive Director.
12. Ensure that all coaches have completed the NFHS Fundamentals of Coaching and Concussion Management courses, as well as ensuring that all head coaches completed his/her respective sport's rules clinic (online or in person).
13. Approve assistant coaches chosen by the head coach.
14. Schedule and lead Athletic Department meetings as needed.
15. Evaluate all head coaches at the conclusion of their respective sport seasons.
16. Maintain and update the Athletic Department's social media presences.
17. Ensure the Department's compliance with all NCHSAA and Triangle North Athletic Conference regulations, and bylaws.
18. Educate all coaches on NCHSAA rules, regulations, and bylaws.
19. Perform any and all other duties prescribed by the Executive Director.

## **Duties of the Head Coach**

Coaches employed by Excelsior Classical Academy understand that the athletic program is educational in its purpose and conduct, and that the program is for the collective benefit of the student-athletes and the school.

Prior to employment, prospective coaches will be required to provide ECA with personal information to allow the office staff to conduct a thorough background check. Coaches serve in their positions for one academic year at a time; notification of renewal or dismissal for the next

academic year will be given by the Director of Athletics or the Chief School Officer no later than May 31.

Coaches should not only be proficient in the sport for which they are responsible, but also should serve as role models for ECA student-athletes in sportsmanship, teamwork, and appearance before the public. The use of alcohol, tobacco, or controlled substances in the presence of student-athletes or at school functions is prohibited and will be grounds for dismissal. Head coaches should require that assistant coaches and student-athletes represent ECA in exemplary fashion at all times.

**Head coaches shall:**

1. Submit a team roster to the Director of Athletics immediately following the completion of tryouts.
2. Monitor student-athlete grades and eligibility, with the assistance of the Director of Athletics and/or Dean of Students.
3. Communicate with parents regarding low grades and strategies for improving a student's academic performance.
4. Report all injuries to the Athletic Trainer, and notify the Director of Athletics of any suspected concussions or head injuries.
5. Report all ejections and disqualifications to the Director of Athletics.
6. (Soccer only) Track the number of yellow cards accumulated by players and/or coaches, and report to the Director of Athletics if a player or coach accrues five (5) yellow cards over the course of a season.
7. Maintain game records and player statistics on MaxPreps in a timely fashion following each contest.
8. Provide recaps, summaries, and quotes to the Director of Athletics to assist in the writing of postgame recaps or social media postings.
9. Maintain sports-specific social media sites, if applicable.
10. Supervise all student-athletes and managers before, during, and after practices and games. Coaches are expected to be the first to arrive and the last to leave any athletic event.
11. Designate a parent to coordinate carpool operations for away games (and practices, as needed).
12. Communicate with the Director of Athletics regarding rules, regulations, and/or any problems that may arise.
13. Attend your sport's rules clinic before the season starts, if applicable.
14. Arrange and attend a mandatory preseason meeting with all players and parents to discuss expectations, schedules, etc.
15. Complete the NFHS Fundamentals of Coaching course and Concussion in Sports course prior to coaching in a practice or contest, and ensure that the assistant coaches have completed them.
16. Maintain current CPR/AED certification in accordance with NCHSAA policy.
17. Enforce all ECA and Athletic Department policies, whether at home or on the road.
18. Dress appropriately for the sport he/she is coaching. T-shirts and jeans should not be worn at games.



19. Check and set up all practice and game facilities for general readiness and playability, with the assistance of the Director of Athletics.
20. Keep track of all school-owned athletic equipment being used by the team.
21. Evaluate all assistant coaches at the conclusion of their respective sport seasons.

## **Eligibility**

Provided that they meet the eligibility requirements outlined here and by the NCHSAA, all students in all grades are eligible to try out for athletic teams at ECA.

## **Paperwork**

ECA Athletics uses [DragonFly](#) to maintain all paperwork for student-athletes, parents, and coaches.

In order to try out, students must have the following paperwork completed in DragonFly:

- A student-athlete information form
- A medical history and a physical examination, signed by a physician, nurse practitioner, or physician's assistant and completed in the last 395 days.
  - In order to try out, a physical must be valid for the entirety of that sport's season, which means that a physical must be valid through the following dates each season:
    - Fall: November 15
    - Winter: March 1
    - Spring: May 20
- A concussion awareness statement, required by the Gfeller-Waller Concussion Law
- NFHS Sportsmanship Pledge
- An NCHSAA eligibility and consent waiver
- Proof of medical insurance

## **Academic Requirements**

In order to participate in athletics, student-athletes must meet the following academic and attendance requirements:

- Pass at least five (5) academic classes during the previous semester;
- Carry a 2.00 weighted grade point average in all classes taken during the previous semester. In accordance with ECA policy, students receive 0.5 quality points for honors courses and 1.0 quality points for AP courses.
- (Fall semester only) Meet standards for promotion to the next grade
  - 10<sup>th</sup> Grade: 5 credits, including Math and English
  - 11<sup>th</sup> Grade: 11 credits, including Math and English
  - 12<sup>th</sup> Grade: 17 credits, including Math and English

Eligibility will be determined on a by-semester basis, and students who are ineligible at the beginning of a semester are ineligible for the entire semester, with the exception of specific circumstances outlined in the NCHSAA Handbook.

## **MIDDLE SCHOOL**

All those involved in the athletic program must be in school for at least half the day to participate in a practice or athletic event scheduled for that day.

If a student-athlete on a team drops below 60 in any class at progress report time, they will be placed on academic probation and have to attend **mandatory** tutoring during recess. The athlete has until the next reporting period (approximately 4 weeks) to bring their grade above 60 or they will be removed from the team.

### **Dismissal from Team by Head Coach**

The head coach shall have the right to dismiss a player from his/her team in accordance with policies laid out by the coach at the beginning of the season. The provision regarding “quitting” a team does not apply; if a student-athlete is involuntarily dismissed from a team, he/she shall be able to try out for other athletic teams that year.

### **Managers**

There is no eligibility requirement for a student to serve as a manager or statistician for an ECA athletic team. Managers are expected to attend all games and practices and perform the duties assigned to him/her by the head coach. Managers are limited to two (2) per team.

### **Behavior Policy**

As student-athletes are called upon to represent and be the public face of ECA, all student-athletes are expected to be exemplars of respectful behavior. The penalties for falling short of that expectation are below. Coaches may implement policies more stringent than these, but not less stringent.

- Infractions that carry a 1-game suspension:
  - Two (2) in-school suspension referrals
  - An out-of-school suspension for any infraction
- Infractions that carry a 2-game suspension:
  - Ejection from a contest
- Infractions that cause removal from the team and ineligibility for all athletics for the remainder of the academic year:
  - Ejection from a contest for fighting
  - Two (2) out-of-school suspensions in one academic year

Student-athletes who are suspended for 1 or 2 games may be present with the team, but may not dress out for contests.

### **Ineligible Student-Athletes**

Student-athletes who are ineligible due to violations of the behavior policy are not permitted to serve as managers or be part of an ECA athletic team in any capacity for the duration of their period of ineligibility. It shall not be the responsibility of the coaches or parents of team members to supervise ineligible student-athletes at practices or games.

Student-athletes who are ineligible for academic or attendance reasons may serve as a team manager, at the discretion of the head coach.

### **Attendance and Commitment**

The NCHSAA's three sport seasons generally run for the following dates:

- Fall (Volleyball, Cross Country, Girls' Golf, Boys' Soccer, Girls' Tennis): August 1 - early November
- Winter (Basketball, Swimming, Indoor Track & Field): mid-October - mid-February
- Spring (Boys' Golf, Girls' Soccer, Boys' Tennis, Track & Field): mid-February - mid-May

During the sport's season, attendance at all practices and games is mandatory. The practice schedule will be made available by each sport's head coach well in advance. Head coaches will have their own policies and penalties regarding missed practices, and the Director of Athletics will fully support the coach's policies and decisions.

Any student who tries out and is selected for a ECA athletic team is required and expected to fully commit to that team. ECA teams take precedence over all outside and other extracurricular programs and teams. Student-athletes may ask coaches to make arrangements with the heads of other extracurricular activities so that the student may split time between concurrently-running teams or clubs, but the head coach is under no obligation to create such an arrangement. Student-athletes are responsible for punctuality and preparedness for all practices and contests.

### **Attendance in School**

Students must be in school and in class for no less than half of the academic day in order to participate in a practice or game that day. Absences due to extenuating circumstances such as religious observances and family emergencies will be considered on a case-by-case basis by the Director of Athletics and/or Chief School Officer.

### **Early Dismissal for Athletic Purposes**

Due to the relatively late end of the school day at ECA, student-athletes in outdoor sports will occasionally be dismissed from school prior to the end of the school day in order to travel to a contest. It shall be the responsibility of all student-athletes to make contact with the teachers of any class(es) he/she will miss due to an athletic contest to get any important materials and make arrangements to make up missed assignments and/or tests. The Director of Athletics should attempt to arrange the schedule to minimize the number of early dismissals required.

### **Off-Season Skill Development and Conditioning**

Coaches may arrange off-season skill development and conditioning sessions in accordance with NCHSAA guidelines. Student-athletes cannot be required to attend such sessions and are encouraged not to.

### **Expectations of Parents and Spectators**

Without the support and encouragement of our parents, ECA Athletics would not be able to function. In addition to providing material support, parents can help the athletic program by modeling positive behavior for student-athletes both in the stands and at home.

Parents are expected to:

- Not force an unwilling or uncommitted child to participate in sports.
- Model sportsmanlike behavior. There is no place for profanity or the harassment of players, coaches, or officials at any interscholastic event.
- Show respect for the opponents, and applaud good plays by both teams.
- Respect the officials' decisions, and not publicly berate them.
- Respect the coaches in front of your child, even when there is a disagreement. The coach's authority and ability to coach should never be undermined or questioned in the presence of the players, including the parent's own child.
- Not compare their child to other players on the team.

The Director of Athletics or his/her designee shall have the authority to eject from home contests any parent or spectator who fails to abide by the sportsmanship guidelines outlined above, and ban him/her from attending ECA athletic events in the future.

## **Uniforms, Apparel, and Equipment**

### **Vendor**

ECA partners with BSN Sports for all uniforms, apparel, and equipment for its sports teams. Our school's representative is Joe Nagle ([jnagle@bsnsports.com](mailto:jnagle@bsnsports.com)).

### **Uniforms**

Athletic uniforms are the property of ECA, and it shall be the responsibility of the student-athlete and his/her parents/guardians to take care of all issued uniforms and equipment and return them in good condition at the conclusion of the sports season.

If a school-owned uniform is lost or damaged to the point that it cannot be worn during a contest, the student-athlete and his/her family shall be responsible for the cost of replacement.

The set of uniforms for teams will be replaced approximately every four (4) years, on a rotating basis, depending on the condition and legality of uniforms.

### **Apparel**

Student-athletes and their families will have the opportunity to purchase team t-shirts, hoodies, jackets, etc. if the coach wishes to make them available. The head coach may require the purchase of a team t-shirt, but all other additional team apparel shall be optional.

### **Equipment**

Student-athletes and coaches are expected to maintain and take care of equipment used for their sport, such as game and practice balls, nets, goals, etc.

## **Awards**

### **Overall Department Awards**

The Department of Athletics shall recognize the following overall awards at the conclusion of all sport seasons in an academic year. The recipients shall be selected with input from the coaching staff and ECA faculty:

- One (1) male and one (1) female scholar-athlete of the year for grades 9-10 and for grades 11-12 – each winner shall receive a small trophy
- One LION Award winner, “in recognition of his/her work ethic, determination, good sportsmanship, and for embodying what it means to be a student-athlete.” – the winner shall receive a plaque with this statement included.

Overall department award winners shall be recognized on a plaque in the ECA gym’s main trophy case.

### **Team Year-End Awards**

Each team shall select four (4) award winners:

- Team MVP (soccer may choose an offensive and defensive MVP)
- Most Improved
- Up to two (2) Coach’s Awards – can be given for any reason the head coach sees fit

### **Retired Jerseys/Hall of Fame**

A student-athlete who meets the following criteria shall be recognized with a commemorative plaque or recognition on a team-specific display.

- Graduates from ECA
- Remains on the team for which he/she earns jersey retirement through his/her senior year
- Earns ONE of the following merit-based recognitions:
  - Makes a 1<sup>st</sup> Team All-State team recognized either by the NCHSAA or the appropriate media organization or coach’s association for the sport in question
  - Wins a state championship in an individual sport or event
  - Wins two (2) or more regional championships in an individual sport or event
  - Wins conference Player/Pitcher/Goalie/Runner of the Year two (2) or more times
  - Earns recognition as the Team MVP on a team or relay that wins a state championship

If a student-athlete from volleyball, basketball, or soccer earns jersey retirement, the jersey number worn by the student-athlete for the majority of his/her career shall be removed from circulation.

### **Awards Banquet**

The Department of Athletics shall host a year-end athletic banquet each spring where team award winners, varsity letters, and other state and conference recognitions will be presented.

## **Miscellaneous General Guidelines**

### **Transportation**

Under only very rare circumstances should coaches drive student-athletes in their personal vehicles without prior approval from the Director of Athletics. In general, this is strongly discouraged so as to protect the coach.

Student-athletes who are licensed to drive may drive themselves (and teammates, if allowed by law) to athletic contests and practices as long as parents have granted permission in the transportation waiver form that's part of the paperwork that must be completed in DragonFly.

### **Student-Athlete Social Media Policy**

Student-athletes are expected to be exemplary representatives of themselves, their teams, and ECA both at school and in the community. With that in mind, student-athletes shall refrain from posting any content on social media sites that reflects negatively on him/herself, the team, the Department of Athletics, and ECA. Unacceptable content includes, but is not limited to:

- References to drugs, alcohol, or illicit substances
- Content of an explicitly sexual or adult nature
- Open criticism of teammates, coaches, ECA administrators, or opposing players or schools

It shall be the responsibility of the head coach and parents to counsel student-athletes on the nature of their social media content.

### **Inclement Weather**

In the event that a contest or practice is canceled or postponed due to inclement weather (or any other circumstance), the Director of Athletics shall notify the head coach of the affected sport, who will then notify the affected team(s) and parents. Notifications will also be posted on the ECA Athletics social media feed, and makeup dates for postponed contests will be publicized as soon as possible.

### **Emergency Action Plan**

In keeping in compliance with the Gfeller-Waller Concussion Law, the Department of Athletics has an Emergency Action Plan (EAP) that outlines the steps to be taken by coaches, trainers, and administrators in the event of an injury or emergency at a practice or contest. The Director of Athletics shall regularly update the EAP as needed and notify coaches of any changes. The EAP may be viewed by parents and guardians by request.

### **Professional Development**

In addition to the NFHS courses required by the NCHSAA (Fundamentals of Coaching and Concussion in Sports), the Department of Athletics encourages all coaches to achieve Accredited Interscholastic Coach (AIC) and Certified Interscholastic Coach (CIC) status through the NFHS, and will support all coaches in doing so.

## **Topics Not Covered**

The Director of Athletics shall have the authority to address and make decisions on issues pertaining to the ECA Department of Athletics that are not directly addressed in this manual.

Head coaches shall have the authority to develop policies that pertain to their respective sports, provided that those policies do not conflict with ECA, Department of Athletics, or NCHSAA rules and regulations.

## **Annual Review**

This manual shall be reviewed following the conclusion of each academic year. All members of the ECA administration and ECA athletic staff may suggest changes, revisions, additions, or deletions to the manual at that time, to become effective on August 1 of the following academic year. The Director of Athletics and the Chief School Officer shall make the final decision on what changes, revisions, etc. are made.